

CERTIFICATE

OF PARTICIPATION

This is to certify that

Val Liversage

Has successfully participated & completed the

8km Shift Winter Trail Series - Race 3 of 3

held at Walter Sisulu Garden.

TIME 01:22:22

PACE 10:16/km

OVERALL 34 of 91

22 July 2018, Sun

Date

GENDER 21 of 61

40 - 49 9 of 26



BoutTime

Signature